



**Mahatma Gandhi University**  
(Abstract)

**Ph.D Programme in Physical Education – 2019 Admission – Course Work Examination 2020 – Syllabus of Course (III) – Approved - Orders Issued.**

**ACADEMIC AII SECTION**

**U.O. No. 1092/1/2020/Academic/AII**

**Dated, Priyadarsini Hills, 28.10.2020**

- Read: 1. Revised Regulations for Ph.D Registration and Award of the Degree of Doctor of Philosophy, 2016  
2. U.O No. 213/AC A2/2020/MGU Dated: 15.01.2020.  
3. . U.O No. 990/AC A2/2020/MGU Dated: 19.02.2020.  
4. Letter No. SPESS/1/Course Work/2020 Dated: 17.02.2020 & 05.10.2020

**ORDER**

The Head of the Department of School of Physical Education & Sports Sciences has forwarded, vide the letter cited(3) , the syllabus of Ph.D Course Work Paper III prepared by the respective supervising Teacher in respect of the below mentioned Scholars, who have been granted registration for research, vide the U.O cited (2), in Education

Name	Name of Supervising Teacher	Centre of Research	Title of Research
Reena Joseph	Dr. Binu George Varghese	SPESS	Effect of Sleep Quality, Anxiety and Team Cohesion on Performance of National Level Athletes
Nisha Philip	Dr. Binu George Varghese	SPESS	Aerobic Exercise and Yogasanas on Lipid Profile, Blood Glucose level and Cardio Vascular Health among Undergraduate Women Students.
Anoop Nazer	Dr. Binu George Varghese	SPESS	Effect of Corrective Exercise on Lower Extremity Deformities among High School Boys in Kerala.
Praseedha Mathew	Dr. R.S. Sindhu	SPESS	Influence of Physical Exercise on Fitness, Body Composition and Hypokinetic Diseases among Sedentary Undergraduate Students in Kerala

Savitha V.	Dr.Binu George Varghese	SPESS	Kinematic Analysis of Selected Biomechanical Parameters in Relation to Ball Velocity of Jump Shots among National Level Handball Players.
Soji Joseph	Dr.Binu George Varghese	SPESS	Effect of Visual Skills, Drills and Skills Training on Physical Fitness and Playing Ability among Male Intercollegiate Basketball Players.
Anoop Ninan	Dr. Suma Joseph	SPESS	Effects of Plyometric, SAQ and Detraining on Selected Skill Performance of Men Kabbadi Players.
Ashish Joseph	Dr. Suma Joseph	SPESS	Effect of Nutritional Supplementation on Sports Performance, Perception of Fatigue and Recovery among the Athletes.
Faazil Mohammed Khan	Dr. Biju Thomas	SPESS	Correlation of Personality Traits and Irrational Behaviour among Sports Persons.
Santhamma K. George	Dr. Biju Thomas	SPESS	GRIT, Self – Regulations and Resilience among State Level School Team Event Players in Kerala.
Shaji Jose	Dr. Jackson Paul V	SPESS	Social Attitude and Physical Activity among College Students in Kerala State.
Shyju Chandrasekharan	Dr. Jackson Paul V	SPESS	Effect of Elastic Strength and Circuit Resistance Training and Bio Motor and Bio Chemical Variables of Undergraduate Students.
Suja Mary George	Dr. Suma Joseph	SPESS	Nutritional Knowledge, Attitude, Practice and Nutritional Status of College Level Athlets.
Thushara Philip	Dr. Suma Joseph	SPESS	Effect of Various Physical Exercises on Psychological, Body Composition and Cycle Regularity of Polycystic Ovarian Syndrome of College Students in Kerala.
Jenil John	Dr. Jackson Paul V .	SPESS	Team Cohesion and Flow of Successful and Unsuccessful Handball Players



Jijo K. Joseph	Dr. Sosamma John	SPESS	Survey on Prevalence of Overweight and Obesity in Children, Adolescents and its Correlation with Demographic and Socio Economic Status.
Gijo George	Dr. Sosamma John	SPESS	Health, Physical Fitness, Lifestyle Disease Prevalence, Food Habits among Middle Age Men, Muthuvan and Mannan Tribes of Idukki Districts in Kerala.
Praveen Thariyan	Dr. Binu George Varghese	SPESS	The Effect on Personality and Attitude towards Physical Activity among the Open Course Students in Different Universities of Kerala.

The Research Director has examined the Syllabi and recommended for approval

The Vice – Chancellor has, therefore, granted approval for the Ph.D Course Work Paper III syllabus of the above said Research Scholars.

Orders are issued accordingly.

**Sd/-**  
**Suresh Babu K**  
 Assistant Registrar IV(Acad)  
 For Registrar

Copy to:

1. The Head of the Research Centre
2. The Director of Research
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Forwarded/By Order

  
 Section Officer